



A STATE UNIVERSITY ACCREDITED WITH 'A' GRADE BY NAAC

FACULTY OF EDUCATION

DEPARTMENT OF SPORTS SCIENCES

Centre of Excellence

**(Supported by: Ministry of Youth Affairs & Sports,
Government of India)**

Programmes

M.Sc. / M.A. / M.P.T. / B.P.E.S. / Certificate

PROSPECTUS: 2018-19

(Information & Instruction to Candidates)

University website: www.annamalaiuniversity.ac.in

Annamalai University

In the early 1920s Rajah Sir S. R. M. Annamalai Chettiar founded Sri Minakshi College, Sri Minakshi Tamil College and Sri Minakshi Sanskrit College at Chidambaram. In 1928, Rajah Sir S.R.M. Annamalai Chettiar agreed with the local Government to handover the above said institution for establishing a University. Thus, on 01.01.1929 Annamalai University was established as per Annamalai University Act 1928 (Tamil Nadu Act 1 of 1929). One of the most significant developments is the enactment of the Annamalai University Act, 2013 (Tamil Nadu Act 20 of 2013), which has come into force from September 25, 2013. Annamalai University is accredited with 'A' Grade by **NAAC** in 2014. "**The Times Higher Education World University Ranking - 2018**" has ranked Annamalai University in 801 - 1000 for Overall category and 401 - 500 for Life Sciences category. "**The CWTS Leiden Ranking 2017**", on scientific impact of universities and on universities' involvement in scientific collaboration & scientific performance, has ranked the University at 14th based on the number of publications and 3rd based on the proportion of publications that, compared with other publications in the same field and in the same year, belong to the top 10% most frequently cited. "**The Nielsen - India Today Ranking**" (2017) has ranked Annamalai University 11th among the top 30 Universities in India. Among the top 100 institutions for Higher Education in India the "**SCImago Institutional Ranking**" has ranked Annamalai University as 4th in Tamil Nadu and 20th in India. Annamalai University is one of the largest unitary, teaching, and residential Universities in Southern Asia comprising of 10 Faculties and 49 departments of study. This University has played a pivotal role in providing access to higher education to thousands of youth cutting across the social spectrum, especially from economically and socially disadvantaged classes. In this respect, this University's service to the nation is tremendous. The University Library, named after the eminent scholar, statesman and former Vice-Chancellor Dr. Sir C.P. Ramaswami Aiyer, serves as knowledge hub for the students and the staff. Quite a good number of journals can be accessed through the Infonet facility. Science Direct is subscribed through which 340 journals can be accessed. The sports complex of the University spreads over several acres, houses facilities for sports and games. The sports science centre with research backup which was supported by UGC has elevated the sports science research. Further, establishment of Department of Sports Sciences with the support of Ministry of Youth Affairs and Sports (MYAS), Government of India, will serve the platform for indepth understanding of sports sciences and its application would serve for the betterment of Indian athletes.

For details visit www.annamalaiuniversity.ac.in

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I. DEPARTMENT OF SPORTS SCIENCES

The Department of Sports Sciences, headed by the Director, function under the Faculty of Education. The Department of Sports Sciences is established in Annamalai University with the support of Ministry of Youth Affairs and Sports (MYAS), Government of India. This department is offering specialized certificate, bachelors and masters degree programmes in core areas of sports sciences, aimed at improving sports assessment and research to International standard. Qualified and specialized faculty and well equipped labs along with a comprehensive learning environment will provide the students a perfect atmosphere to excel in this emerging area with unlimited opportunities. The Department of Sports Sciences will have sports science laboratory of International standard in the specialized areas like exercise physiology, sports biochemistry, sports nutrition, sports psychology, sports biomechanics, sports physiotherapy, sports anthropometry and sports training, which will provide the opportunity to support athletes in optimizing their sports performance to higher level. The department will function in association with stakeholders like Sports Authority of India, Sports Development Authority of Tamilnadu, Sports Federations and Educational Institutions by facilitating the integration of sports science services on the field. The program offered will have dedicated faculty keen to mentor students throughout the period of study. Practical exposures to students in state of the art in sports science laboratories and on field exposure would keep abreast with current developments in areas of sports sciences.

1.1 Programmes

The following programmes are offered by the Department of Sports Sciences, under the Faculty of Education.

1.1.1 Masters Degree Duration: Two Years

1. M.Sc. Exercise Physiology
2. M.Sc. Sports Biochemistry
3. M.Sc. Sports Nutrition
4. M.A. Sports Psychology
5. M.Sc. Sports Biomechanics
6. M.P.T. Sports Physiotherapy

1.1.2 Certificate Programme Duration: Six Months

Certificate Course in Sports Anthropometry

1.1.3 Bachelors Degree Duration: Three Years

Bachelor of Physical Education and Sports (B.P.E.S)

1.3 Choice Based Credit System (CBCS) for M.Sc., M.A., M.P.T., and B.P.E.S.

From the academic year 2000-2001, CBCS is in vogue for the postgraduate programme. These programmes offer a package of certain core courses and some elective courses that allow for effective interaction among students from different disciplines. The novelty of the programme consists of inter-disciplinary curriculum with a pronounced inclination towards industry oriented needs.

II. Fee & Scholarship

2.1 Tuition Fee

The details of tuition fee to be paid by the candidate are as follows.

Sl.No.	Name of the Programme	Total Fee per Annum (2018-2019)
1.	M.Sc. Exercise Physiology	30,000
2.	M.Sc. Sports Biochemistry	34,000
3.	M.Sc. Sports Nutrition	30,000
4.	M.A. Sports Psychology	22,000
5.	M.Sc. Sports Biomechanics	30,000
6.	M.P.T. Sports Physiotherapy	39,000
7.	Certificate in Sports Anthropometry	16,000
8.	Bachelor of Physical Education and Sports (B.P.E.S)	30,000

2.2 Hostel

Annamalai University is a residential University. Adequate Hostel Accommodation is Compulsory. Candidates are advised to stay in the Hostel. The room rent and establishment charges are as given below:

Sl. No.	Hostel Name	Caution Deposit (₹)	Annual Hostel & Mess Charges (₹)	Total (₹)
1.	Malligai Illam (Men)	5,000/-	45,000/-	50,000/-
2.	Thamarai Illam (Women)	5,000/-	45,000/-	50,000/-
2.	SC/SCA/ST Students	5,000/-	19,000/- #	24,000/-

This fee has to be paid by the students at the time of joining the hostel and would exclusively cover Admission Fees, Establishment, Room rent, Electrical and Misc. Charges only – Except Mess charges (Lumpsum Mess charges of ₹ 22,000/- will be adjusted from their Scholarship amount).

2.3 Scholarship

The students of Annamalai University can avail the Government Scholarships subject to eligibility.

Scholarships Sanctioned by the Government of Tamil Nadu

- Application Fee Concession to SC/ST and Converted Christian Students:** Entrance/Course Application fees concession is granted to students belonging to SC/ST Community and Converted Christian by the Government of Tamil Nadu (G.O. No. 111. 22.09.1998).
- Tuition Fee Concession to SC/ST and Converted Christian Students:** Full Tuition fee concession is granted to students belonging to SC/ST community and converted Christian under the rule 92 of Tamil Nadu Education Rules by the Government of Tamil Nadu [92- TNER].
- Post Metric Scholarship:** Covering special fees, examination fees, and maintenance charges will be awarded to the students belonging to SC/ST Community whose Parent's/Guardian's income from all sources does not exceed ₹ 2,50,000/- per annum, and Converted Christian (converted from SC/ST) ₹ 2,00,000/- per annum.
- Higher Education Special Scholarship:** In addition to the Post Metric Scholarship, Higher Education Special Scholarship is awarded to the hostel students belonging to SC/ST and Converted Christian community and the number of scholarship is limited by the Government. The Annual income from all sources should not exceed ₹ 2,00,000/- per annum.
- BC/MBC/DNC Scholarship:** The Scholarship will be awarded to the Students belonging to BC/MBC/DNC communities whose Parent's/ Guardian's income from all sources should not exceed ₹ 2,00,000/- per annum.

FELLOWSHIP / SCHOLARSHIP SANCTIONED BY VARIOUS FUNDING AGENCIES

- 1) UGC Rajiv Gandhi National Fellowship (RGNFS)/JRF/SRF for SC/ST research students leading to the award of M.Phil. /Ph.D.
- 2) Post Graduate Indira Gandhi Scholarship for single girl Child: This is only for the Candidate who happens to be single Girl child of the family (having no brother or sister) and who has taken admission in regular full time Master Degree course in recognised University or a Post Graduate College in conventional basic subject.

Note: All Scholarship income certificate taken after April 2018 should be produced. The SC/ST students admitted in the University will be granted concession at the time of admission. The reimbursed scholarship amount from the government will be distributed to the university account as a part of the fees levied and the balance will be granted to the particular student as maintenance allowance.

RESERVATION OF SEATS

Reservation of seats for candidates belonging to ST/SC/SCA/MBC/DNC/BC/BCM/ OC communities will be made as per rules and regulations of the Government of Tamil Nadu.

OC – 31%; BC – 26.5%; BCM – 3.5%; MBC – 20%; SC – 15%; SCA – 3%; ST – 1%.

III. MASTERS PROGRAMME (M.Sc. / M.A. / M.P.T.)

3.1 Duration of each Programme

The duration of the programme shall be two academic years with four semesters under the Choice Based Credit System.

3.2 Number of Seats for each Programme

Maximum of Ten (10) seats.

3.3 Eligibility for Admission to each Programme

Masters Programmes	Eligibility Criteria for Admission
M.Sc. Exercise Physiology	Bachelor's Degree in Sports Science / Physical Education and Sports / Physiology / Human physiology / Occupation Therapy / Physiotherapy / Biotechnology / Zoology / Microbiology / Biochemistry / Life Sciences / MBBS or equivalent thereto in 10+2+3 or 10+2+4 pattern from a recognized university with a minimum of 50% marks in aggregate. Note: Proficiency in Sports is desirable.
M.Sc. Sports Biochemistry	Bachelor's Degree in Sports Science / Biochemistry / Life Sciences / Medical Laboratory Technology / Chemistry / Zoology / Botany / Biotechnology / Pharmacy /Microbiology / Microbial / Gene Technology / Bioinstrumentation / Bioinformatics / Marine Biology / Home Science / Nutrition and Dietetics / Animal Science / MBBS / BDS / Physiotherapy / BSMS or equivalent thereto in 10+2+3 or 10+2+4 pattern from a recognized university with a minimum of 50% marks in aggregate. Note: Proficiency in Sports is desirable.
M.Sc. Sports Nutrition	Bachelor's Degree in Sports Science / Sports Nutrition / Food and Nutrition / Food Technology / Food Science / Clinical Nutrition and Dietetics of Composite / General Home Science / Biochemistry / Pharmacy / Biotechnology / Microbiology / Chemistry / Agriculture / Dairy / Botany / Fisheries / Nursing / Bachelor of Ayurvedic Medicine & Surgery / Physiotherapy / B.H.M.S / B.S.M.S or equivalent thereto in 10+2+3 or 10+2+4 pattern from a recognized university with a minimum of 50% marks in aggregate. Note: Proficiency in Sports is desirable.

Masters Programmes	Eligibility Criteria for Admission
M.A. Sports Psychology	Bachelor's Degree in Sports Science / Physical Education and Sports / Psychology / Sociology or equivalent thereto in 10+2+3 or 10+2+4 pattern from a recognized university with a minimum of 50% marks in aggregate. Note: Proficiency in Sports is desirable.
M.Sc. Sports Biomechanics	Bachelor's Degree in Sports Sciences / Physical Education and Sports / Physics with Mathematics / Physiotherapy / Computer Science / Computer Application / Information Technology / Software Engineering or equivalent Mathematics / Statistics / Physics / Electronics / Applied Sciences / Engineering (Computer Science / E&I / IT) or equivalent thereto in 10+2+3 or 10+2+4 pattern from a recognized university with a minimum of 50% marks in aggregate. Note: Proficiency in Sports is desirable.
M.P.T Sports Physiotherapy	BPT from a recognized university with a minimum 50% marks in aggregate. Note: Proficiency in Sports is desirable.

- Proficiency in Sports is desirable for the candidates who take up above mentioned courses, but he/ she must be medically fit and free from any deformities.
- The candidates should have completed 20 years of age as on 1st July 2018.
- The pregnant women will not be permitted either for admission or to undergo the programme.**
- Ten candidates will be selected on the basis of merit for each programmes, following the regulation of seats as prescribed by the Government of Tamil Nadu, from among these candidates who score not less than 50% of marks in the selection tests.
- Admission shall be made on the basis of ranking for a total of 100 marks as given below:

1.	Qualifying Examinations	40 marks
2.	Written Exam	40 marks
3.	Sports and Games Participation	10 marks
4.	Personal interview	10 marks
	Total Marks	100 Marks

The entrance test and interview for all the M.Sc./M.A./M.P.T. programmes will be conducted on 12th of July 2018 from 10.30 a.m. in Department of Sports Sciences, Annamalai University.

Note: Marks obtained in qualifying degree (excluding language papers) shall be converted to a maximum of 40 marks. For example if a candidate secured 1800 marks out of 2400. His / Her marks for qualifying examinations is $[1800/2400] \times 40 = 30$ marks.

- Uniform:** Students are required to procure uniform on their own as prescribed by the Department the uniform colour will be intimated by the respective divisions. The students will be permitted to undergo the course with proper uniform. The students are therefore, advised to bring sufficient amount of money at the time of admission for procuring the uniform, which is likely to cost around ₹ 3,000/-

3.4 Attendance Percentage to take up university exam

The students should possess 80 percentage of attendance to write university exam.

IV. CERTIFICATE PROGRAMME

4.1 Duration of the Programme

The duration of the programme shall be six months (i.e. One Semester) conducted at two phases (July-Dec 2018 or Jan-June 2019) in an academic year. The students can opt either July-Dec 2018 or Jan-June 2019 batch.

4.2 Number of Seats

Maximum of ten (10) seats.

4.3 Eligibility for Admission to the Programme

A candidate for admission to Certificate in Sports Anthropometry should have passed Bachelors / Masters Degree in Sports Sciences / Physical Education and Sports or equivalent thereto in 10+2+3 or 10+2+3+2 or 10+2+4+2 or 10+2+3+2+2 pattern from a recognized university with a minimum of 50% marks in aggregate. .

- a. They must have represented School/College/University/State teams in anyone of the games or sports, subject to the conditions that he/ she must be medically fit and free from any deformities.
- b. The candidates should have completed 20 years of age as on 1st July 2018.
- c. **The pregnant women will not permitted either for admission or to undergo the programme.**
- d. Ten (10) candidates will be selected on the basis of merit, following the regulation of seats as prescribed by the Government of Tamil Nadu, from among these candidates who score not less than 50% of marks in the selection tests.
- e. Admission shall be made on the basis of ranking for a total of 100 marks as given below

1.	Qualifying Examinations	40 marks
2.	Written Exam	40 marks
3.	Sports and Games Participation	10 marks
4.	Personal interview	10 marks
	Total Marks	100 Marks

The entrance test and interview for Certificate programme will be conducted on 12th of July 2018 from 10.30 a.m. in Department of Sports Sciences, Annamalai University.

Note: Marks obtained in qualifying Degree (excluding language papers) shall be converted to a maximum of 40 marks. For example if a candidate secured 1800 marks out of 2400. His/Her marks for qualifying examinations is $[1800/2400] \times 40 = 30$ marks.

- f. **Uniform:** Students are required to procure uniform on their own as prescribed by the department. The uniform colour will be intimated by the respective divisions. The students will be permitted to undergo the course with proper uniform. The students are therefore, advised to bring sufficient amount of money at the time of admission for procuring the uniform, which is likely to cost around ₹ 3,000/-

4.4 Attendance Percentage to take up university exam

The students should possess 80 percentage of attendance to write university exam.

V. BACHELORS PROGRAMME

5.1 Duration of the programme

The duration of the programme shall be three academic years with six semesters under the Choice Based Credit System (CBCS). The total working days shall not be less than 200 days in an Academic year. Each semester consists of not less than 100 working days excluding examination

5.2 Number of Seats

Maximum of Fifty (50) seats.

5.3 Eligibility for Admission to the programme

A candidate for admission to B.P.E.S degree programme should have passed and got 50% of marks in H.Sc. in 10+2 pattern of the Government of Tamilnadu or any other equivalent examination recognised by Government of Tamilnadu or approved by the Annamalai University.

- They must have represented, School/College/University/ State in anyone of the games or sports, subject to the conditions that he/ she must be medically fit and free from any deformities.
- The candidates should not have completed 21 years of age as on 1st July. However, relaxation of 3 years shall be given for SC/ST candidates.
- The pregnant women will not permitted either for admission or to undergo the programme.**
- Fifty (50) candidates will be selected on the basis of merit, following the regulation of seats as prescribed by the Government of Tamil Nadu, from among these candidates who score not less than 50% of marks in the selection tests.
- Admission shall be made on the basis of ranking for a total of 100 marks as given below:

1.	Qualifying Examinations		20 marks
2.	Written Exam		20 marks
3.	Participation in Games and Sports		10 marks
4.	Skill test in Games or Track and Field		20 marks
5.	Interview		10 marks
6.	Fitness test		20 marks
	Male	Female	
	a. 100 mts	a. 100 mts	
	b. Shot put (16 lbs)	b. Shot put (8 lbs)	
	c. Vertical Jump	c. Vertical Jump	
	d. Sit-ups	d. Sit-ups	
	e. 12 min run & Walk	e. 6 min run & Walk	
	Total Marks		100 Marks

The fitness and sports skill testing for B.P.E.S. programme will be conducted on 11th of July 2018 from 7:30 a.m. in Department of Sports Sciences, Annamalai University.

Note: Marks obtained in qualifying Degree (excluding language papers) shall be converted to a maximum of 20 marks. For example if a candidate secured 1000 marks out of 1200. His /Her marks for qualifying examinations is $[1000/1200] \times 20 = 16.66$ marks.

- Uniform:** Students are required to procure uniform on their own as prescribed by the Department the uniform colour will be intimated by the respective divisions. The students will be permitted to undergo the course with proper uniform. The students are therefore, advised to bring sufficient amount of money at the time of admission for procuring the uniform, which is likely to cost around ₹ 3,000/-

5.4 Attendance Percentage to take up University Exam

The students should possess 80 percentage of attendance to write university exam.

VI. CODE OF CONDUCT

The following code of conduct shall be observed by the students who are admitted

- i. The students should conduct themselves in an exemplary manner so as to be model for other students.
- ii. All the students should strictly adhere to the rules and regulations of the University.
- iii. RAGGING: The candidates should not indulge or participate in any kind of ragging. If they are found to have indulged in ragging in the past, or noticed later, the candidates will be removed from the roll of the institution at whatever stage of study and criminal action will be taken against the candidates.
- iv. If any student is involved in ragging or any other anti- social activities, he/she will be expelled and criminal proceedings may be launched against him/her.
- v. The students should be present during all working days and sincerely apply themselves to studies.
- vi. The students should attend the classes regularly and punctually and should fulfil the attendance requirement of 80% as prescribed by the university, to be eligible to appear for the university examinations.
- vii. The campus is "Tobacco Free" and "Liquor Free". Any violation of this will result in dismissal from the programme.
- viii. Use of mobile phones and other electronic gadgets are not permitted in the class rooms, examination halls, faculty premises, university organized functions / programmes / extracurricular and co-curricular activities.
- ix. The students are forbidden from using motorized vehicles, including powered two wheelers, inside the campus.
- x. Dress Code: Students need to wear formal dress largely covering them like sarees / churidhar with dupatta for ladies and trousers, pant & shirt for men. They should also have sports dress to take part in physical activity.

VII. GENERAL INSTRUCTIONS

7.1 General Instructions For Applicants

- i. Download Application Number is the Registration Number of the Annamalai University.
- ii. M.Sc. / M.A. / M.P.T. / B.P.E.S. / Certificate programme Admissions 2018.
- iii. The candidates seeking admission should register and apply only through downloaded by logging on to www.annamalaiuniversity.ac.in/adm.
- iv. The guidelines for registration are available in the Annamalai University Website Portal.
- v. The downloaded application Number should be quoted in all future correspondence.
- vi. The filled in downloaded application should be downloaded and sent with the all enclosure either by Speed /Registered post or in person to

**The Registrar
Annamalai University
Annamalainagar
Chidambaram
Cuddalore District
Tamil Nadu
Pin- 608 002**

and should reach on or before **28.06.2018 - 5.30 p.m.**

- vii. Acknowledgement will be sent to the registered e-mail on receipt of the filled in downloaded application by post together with a demand draft drawn in favour of **The Registrar, Annamalai University, payable at Chennai** towards cost of application as given below.

Application Cost of Various Programmes	For SC/SCA/ST	For Others
M.A. / M.Sc. / M.P.T. / B.P.E.S. /	₹ 200/-	₹ 400/-
Certificate Programme	₹ 100/-	₹100/-

- viii. The candidates shall ensure that the completed downloaded application form with all particulars and enclosures reaches the Annamalai University within the date and time specified. Applications received by Speed post/courier or any other means, after the last date and time will not be accepted irrespective of the date of booking.
- ix. The University shall not be responsible for any delay in the receipt or for the loss in transit of application form etc.,
- x. Request for extension of time for submission of documents called for, after the specified date and time will not be entertained.
- xi. Any supporting documents received after the due date or application without required documents/particulars will not be entertained.
- xii. Photocopy / Fax copy of the application will not be accepted.
- xiii. The candidates are directed to enclose the following certificates along with the downloaded application:

Photocopy of

1. HSC / Bachelors / Masters / Equivalent Mark Sheet
 2. Transfer Certificate
 3. Permanent Community Certificate Card for ST, SC, SCA, MBC & DNC, BC and BCM.
 4. Nativity Certificate – if applicable
 5. First Graduate Certificate and First Graduate Joint Declaration Form – (if applicable)
- xiv. Candidates are advised to post the completed downloaded application well-in advance before the due date and time. If it is sent by post it is advisable to send by Registered post / Speed post to ensure proper delivery.
- xv. Important dates to remember:

28.06.2018	Last date for submitting filled in application for all programmes
11.07.2018	Entrance exam for B.P.E.S. candidates
12.07.2018	Entrance exam for candidates applied for Masters and Certificate programmes

7.2 Important Conditions for Applicants.

- i. Students discontinuing the programme before commencement of classes are eligible to get full refund (except service charges ₹ 1,000).
- ii. Those who discontinue after commencement of classes are eligible to get refund of caution money deposit only.

- iii. Fees for each academic year should be paid well before the due date, failing which a fine as prescribed by the university will be charged. The candidate shall not be permitted to appear for the university examinations without clearing the Fee arrears.
- iv. Caution deposit shall be refunded on application after adjustment towards any dues from the student. Application for refund of caution deposit should be submitted within one year of completing the course.
- v. No certificate will be issued, unless the candidate has cleared all the arrears of fees etc., due to the university.
- vi. With regard to any dispute arising in relation to admission, examinations, remittance of fees, etc., the place of jurisdiction for the purpose of filing a suit or preferring a complaint or taking any legal proceedings against the university, will be Chidambaram Town only.
- vii. Original certificates submitted at the time of admission will be returned before the end of second semester. In case a candidate requires the original certificates for valid reasons, he/she may apply for the same with valid proof. The candidates are advised to have with them attested copies of mark lists or other certificates that may be required for applying scholarships/bank loan etc.
- viii. The medium of instruction will be English for all Certificate, Undergraduate and Post graduate programmes.

7.3 General Information

The following procedures should be followed for applying / getting certificates viz. Bonafide/ Course completion/Mark lists etc. with the fee prescribed by the University.

- i. **General:** Mark list for each Semester/Year during the period of study will be issued by the University and distributed through the respective department of study. On completion of the program, Provisional Certificate and Transfer Certificate will also be distributed through the department concerned.
- ii. **Migration Certificate:** This certificate will be issued by the University Office ('K' Section) only on demand to those who have planned to undergo higher studies in any Educational Institution in India.
- iii. **Duplicate Certificate – Mark List/Degree/Transfer Certificate:** A certificate from the police department is required to be produced for the loss of certificates indicating that the certificates were actually lost beyond recovery.
- iv. **Degree Certificate:** Notification will be issued in the leading dailies during the month of September/October every year for calling of application forms for getting Degree Certificate at the Convocation. Students shall apply for the same in the prescribed form which can be obtained from the University.
- v. **Personal File:** Students are advised to maintain a personal file containing all academic records such as challan for remittance of tuition fee, exam fee, instrument fee, condonation fee etc. till completion of his/her studies

- vi. **Re-admission:** If any attendance deficiency during the tenure of his/her studies, shall apply for re-admission through the Heads concerned along with the photocopy of his/her previous semester/year mark list/s as proof for having appeared for the University Examinations.
- vii. **Change of Name/Date of Birth:** Candidate who wish to change of Name, date of Birth, of his/her name should be made only during the period of study by producing a copy of "Gazette Notification" from the respective Government No. such change shall be entertained after completion of his/her studies in the University.
- viii. **How to get Certificate:**
 - a. Students applied for any certificates in this University viz., Duplicate mark list, Degree Certificate and Transfer Certificate etc., either during the tenure of his/her studies or completion of the program should get the same from the office or by post within a fortnight period from the date of filing application in the office. He/she should possess compulsorily **1)** a copy of letter where he/she has applied for **2)** a copy of remittance challan, **3)** and any other documents etc., whenever any lapse of the original submitted to University (or) loss in transaction.
 - b. If he/she does not receive the certificate/s within the stipulated period, then he/she can immediately seek the assistance of the Section Head/Deputy Registrar of the 'K' Section with relevant copy of records that has been already submitted for claiming the certificates, so as to enable them to get the certificate from the office (or) necessary guidance will be provided for the same.
 - c. Students admitted to various programmes of the University, should get back his/her original certificates produced at the time of admission within three months either on completion of program (or) discontinuing the same in the middle of the programme. The University is not responsible for any lapse or damage of the certificates.

REGISTRAR i/c
ANNAMALAI UNIVERSITY



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DEPARTMENT OF SPORTS SCIENCES

Centre of Excellence

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Programmes offered

- 1. M.Sc. Exercise Physiology**
- 2. M.Sc. Sports Biochemistry**
- 3. M.Sc. Sports Nutrition**
- 4. M.A. Sports Psychology**
- 5. M.Sc. Sports Biomechanics**
- 6. M.P.T. Sports Physiotherapy**
- 7. Certificate - Sports Anthropometry**
- 8. Bachelor of Physical Education and Sports (B.P.E.S)**

DEPARTMENT HIGHLIGHTS



DEPARTMENT OF SPORTS SCIENCES

Centre of Excellence

(Supported by: Ministry of Youth Affairs and Sports, Govt. of India)

The Department of Sports Sciences is established in Annamalai University with the support of Ministry of Youth Affairs and Sports (MYAS), Government of India. This department is offering specialized certificate, bachelors and masters degree programmes in core areas of sports sciences, aimed at improving sports assessment and research to International standard. Qualified and specialized faculty and well equipped labs along with a comprehensive learning environment will provide the students a perfect atmosphere to excel in this emerging area with unlimited opportunities. The Department of Sports Sciences will have sports science laboratory of International standard in the specialized areas like exercise physiology, sports biochemistry, sports nutrition, sports psychology, sports biomechanics, sports physiotherapy, sports anthropometry and sports training, which will provide the opportunity to support athletes in optimizing their sports performance to higher level. The department will function in association with stakeholders like Sports Authority of India, Sports Development Authority of Tamilnadu, Sports Federations and Educational Institutions by facilitating the integration of sports science services on the field. The program offered will have dedicated faculty keen to mentor students throughout the period of study. Practical exposures to students in state of the art in sports science laboratories and on field exposure would keep abreast with current developments in areas of sports sciences.



PROGRAMMES OFFERED

Masters Programmes

1. M.Sc. Exercise Physiology
2. M.Sc. Sports Biochemistry
3. M.Sc. Sports Nutrition
4. M.A. Sports Psychology
5. M.Sc. Sports Biomechanics
6. M. P. T. Sports Physiotherapy

Certificate Programme

7. Sports Anthropometry

Bachelors Programme

8. Bachelor of Physical Education and Sport (B.P.E.S)

HIGHLIGHTS OF THE PROGRAMMES

- International standard Syllabus
- Students will be exposed to internship training with National and International assignments
- Innovative, practical oriented teaching - learning process
- Field visits to sports science laboratories
- Students undergo relevant software and soft-skills training

FACILITIES

- Fully loaded department library with latest books and journals
- Modern computer lab to facilitate training in software and internet to have 24×7 access to e-resources through infonet facility.
- Hi-Tech seminar hall
- Exercise Physiology lab
- Movement Analysis Biomechanics lab
- Sports Psychology lab
- Sports Biochemistry and Nutrition lab
- Sports Physiotherapy lab
- Strength and Conditioning lab



Research Thrust Areas

- | | |
|---|--|
| <ul style="list-style-type: none"> ▪ Human performance assessment and enhancement ▪ Testing and assisting of elite athletes ▪ Identification and training of prospective young sportsperson ▪ Gait and movement analysis ▪ Supplementation effects on sports performance ▪ Athletic care and rehabilitation | <ul style="list-style-type: none"> ▪ Performance enhancing sports specific diets ▪ Hormonal and metabolic assessment ▪ Environmental stress and sports performance ▪ Psycho physiological assessment and athletes' well being ▪ New strength and conditioning initiatives |
|---|--|

Job opportunities

- ✓ Sports Science Laboratories
- ✓ Research Institutes
- ✓ College and Universities
- ✓ Professional sports bodies / teams
- ✓ Fitness and rehabilitation centers
- ✓ Fitness and wellness consultants
- ✓ Personal and group trainers
- ✓ Sports physiotherapist
- ✓ Sports nutritionist and diet consultants
- ✓ Central and state government sports development bodies

Contact Details

The Director

Department of Sports Sciences
 Annamalai University
 Annamalainagar – 608 002
 E Mail: dssau2018@gmail.com

